




the spa
AT BEAVER RUN



All of our Body Treatments are performed in our state of the art Hydrotherapy Time Capsule. Come in and experience the difference.



*Lower Level of Building One
at Beaver Run Resort*



the spa
AT BEAVER RUN

P.O. Box 6903
Breckenridge, CO 80424



Body Treatments / Specialties

TIME CAPSULE HYDRO-THERAPY TREATMENTS
Experience an innovative approach in full body skin care. Our Vichii shower is combined with a steam capsule, allowing each body treatment to be more effective and relaxing.

ORGANIC PERUVIAN CHOCOLATE WRAP

Replenish your being with Dagoba organic chocolate. A **Chocolate Pure Cane Sugar Scrub** sloughs away dead skin cells. The indulgence continues with a **Peruvian Chocolate Renewing Masque**, designed to gently detoxify and soften as it infuses the skin with vital antioxidants. The mask is also rich in cocoa butter, leaving your skin nourished, and completely moisturized.
60 minutes ~ \$105

DETOXIFYING THAI BODY WRAP

Detoxification is what you will achieve during this incredible treatment. Our invigorating **Green Tea and Crushed Rice Exfoliation** is the first step in removing dry, aging skin cells. This combined with our purifying **Sea Kelp and Green Tea Masque** will promote the removal of toxins and impurities. A **Thai Coconut Lemongrass Lotion** is applied, which tones and replenishes minerals essential to healthy skin.
90 minutes ~ \$150

BALINESE BODY POLISH

This treatment starts with a brisk exfoliation with our creamy **Bali Kopi Coffee scrub**. Organic fair trade coffee is packed with powerful antioxidants that increase circulation and impact the fatty deposits which cause cellulite. A rich **French Vanilla Hydrating Crème** follows, leaving your skin feeling silky and smooth.
60 minutes ~ \$105



Massage Therapy

| | Regular | Deep Tissue |
|------------|---------|-------------|
| 30 minutes | \$50 | \$55 |
| 60 minutes | \$95 | \$105 |
| 90 minutes | \$135 | \$150 |

In Room Massage:
\$30 additional setup fee per room.
Minimum of 60 minutes required.

SWEDISH MASSAGE — Gentle rhythmic gliding and kneading strokes soften tense, sore muscles and soothe both body and mind.

SPORTS MASSAGE — Energize and rejuvenate tired, sore muscles using sport specific massage techniques to lengthen, and loosen your muscles. You will feel refreshed and ready for your next outdoor activity.

PREGNANCY MASSAGE — We have a pregnancy specific table for your utmost comfort. Feel the relief of muscles, joints, and circulation as we pay special attention to your lower back, legs, and feet.

DEEP TISSUE MASSAGE — Very specific manipulations, combined with deep, firm pressure work the deeper layers of muscle.

COUPLES MASSAGE — Enjoy your massage together in our couples suite. You will each receive a tandem massage, and to your style of choice.

KIDS MASSAGE — For young people less than 100 pounds, 30 minutes is adequate time.

HOT STONE MASSAGE — Hot stones are placed along the meridian lines of the body, combined with massage. This treatment will leave you with a sense of deep relaxation and wellness throughout your whole being. **90 minutes ~ \$150**

ASHIATSU — This treatment is ideal for those suffering from chronic back, neck, or shoulder pain. Barefoot massage uses continuous flowing deep tissue and compression strokes that glide over the entire body allowing the therapist to work deeper than traditional massage. Perfect for the client always seeking the best deep tissue body work. **60 minutes ~ \$105**

WATSU — Our Watsu practitioners have learned to use the water to create a unique experience for the mind and body. Using our state of the art outdoor therapeutic heated salt water pool, the client can achieve the feeling of weightlessness which allows intrinsic muscles along the spine to relax completely. Watsu is truly an enlightening experience. **60 minutes ~ \$110**



Ultimate Facials by Dermalogica

OATMEAL FACIAL

Our oatmeal facial contains Beta Glucans, which smooth, calm, and reduce inflammation. A popular treatment among skiers, this facial will replenish moisture lost from our high elevation. **60 minutes ~ \$100**

MULTI VITAMIN POWER TREATMENT

Sun exposure at high altitude is one of the leading causes of pre-mature aging. Our intensive treatment is excellent to help combat the effects of sun damage, pigmentation, fine lines and dryness. Vitamins A, C, and E, antioxidants and beneficial nutrients will be used to leave your skin stimulated, energized and rejuvenated. **60 minutes ~ \$100**

CLASSIC EUROPEAN FACIAL

Combines cleansing, exfoliation, masques and moisture for your skin type. **60 minutes ~ \$100**

GENTLEMAN'S FACIAL

After a close analysis of your skin, an esthetician will cleanse your pores and apply soothing lotions to calm the aggressive effects of shaving, pollutants and climatic changes. **60 minutes ~ \$100**

OXYGEN THERAPY

Has the air got you short of breath? We offer nonprescriptive oxygen therapy to help boost your oxygen saturation and get you feeling like new. **30 minutes ~ \$30**

Manicures and Pedicures

EXPRESS MANICURE

Get your nails in shape quickly with attention to file, buff, and cuticle removal, topped with the polish of your choice. **30 minutes ~ \$50**



THE SPA MANICURE

Our classic manicure includes a nourishing hand soak, massage, hydrating cream, and paraffin bath, followed by our Express Manicure. **60 minutes ~ \$70**

EXPRESS PEDICURE

Get your toes in shape with attention to shaping, buff, and cuticle treatment, topped off with the perfect polish of your choice. **30 minutes ~ \$50**

THE SPA PEDICURE

Our classic pedicure begins with a relaxing foot soak and an exfoliating scrub. A deeply hydrating cream is massaged onto your feet, followed by a paraffin bath. Your feet are then treated to our Express Pedicure. A true indulgence to rejuvenate tired, neglected feet. **60 minutes ~ \$70**

ADD ON TOUCHES

French Polish: **\$15 fingers, \$15 toes**

Reflexology: **30 minutes ~ \$40 / 60 minutes ~ \$80**

Paraffin Hand or Foot Treatment: **\$15**

Waxing Services

| | | | |
|--------------------|----------------|--------------------|------|
| Bikini | \$30.00 and up | Eyebrow | \$20 |
| French | \$50 | Underarm | \$20 |
| Half Leg | \$35 | Full Leg | \$55 |
| Chest | \$35 | Back | \$40 |
| Lip/Chin | \$10 | | |



Spa Packages

FRESH AIR PACKAGE

30 minute oxygen therapy followed by a 60 minute Swedish Massage. **1 1/2 hours ~ \$133**

HEAD TO TOE

A facial of your choice followed by a spa pedicure. **2 hours ~ \$183**

ALTITUDE ADJUSTMENT

Start with our Balinese Body Polish, followed by a massage, express manicure and pedicure. **3 hours ~ \$319**

DELUXE MOUNTAIN ESCAPE

Enjoy a day of pampering with our Hot Stone Massage, Peruvian Chocolate Wrap, Facial specific to your skins needs, and a Spa Manicure. **4 1/2 hours ~ \$452**

Packages above reflect a 10% discount and include an 18% gratuity.

Design your own custom spa package, and receive 10% off total price, and an 18% gratuity will be added. 3 or more hours.

Gift certificates and spa merchandise also available.

CALL TO SCHEDULE AN APPOINTMENT:

(970) 453-8757

In-house dial ext. 8757

December - April, 9 a.m. - 9 p.m.

May - November, 10 a.m. - 7 p.m.

A 24 hour notice is needed to change or cancel your appointment, or you will be charged full price.